

People's Democratic Republic of Algeria
Ministry of Higher Education and Scientific Research
Academic Bachelor's Degree Training Offer

Institution	Faculty / Institute	Department
Mohamed Seddik Ben Yahia University of Jijel	Faculty of Human and Social Sciences	Department of Sciences and Techniques of Physical and Sports Activities

Field: Sciences and Techniques of Physical and Sports Activities
Sports Training Department
Academic Year: 2022/2023

Pedagogical Program for the Second Year
Sector: Sports Training

Semester –Based Curriculum Organization Map

Semestre 3 :

Teaching Unit	Course Titles	Credits	Coefficients	Weekly Hourly Volume			WHV (14 weeks)	Others	Assessment Method	
				Course	DW	PW*			Continuous	Exam
TU. Fundamental Teaching Unit Code: FTU 1.1.2 Credits: 10 Coefficients: 8	Team Sports 1: Football/ Hand-ball	4	3	-	-	4hours *	56 hours	-	100%	-
	Combat Sports 1: Judo - Karate/ Wrestling-Boxing)	4	3	-	-	4 hours *	56 hours	-	100%	-
	physical Culture 1	2	2	-	-	2 hours *	28 hours	-	100%	-
TU. Fundamental Teaching Unit Code: FTU 2.1.2 Credits : 6 Coefficients : 4	Theory and Methodology of Sports Training	3	2	1.5 hours	1.5 hours	-	42 hours	-	40%	60%
	Education of Physical and Ssports Activities	3	2	1.5 hours	1.5 hours	-	42 hours	-	40%	60%
TU. Methodology Teaching Unit Code: MTU 1.2 Credits : 9 Coefficients : 4	Inferential Statistics	5	2	1.5 hours	1.5 hours	-	42 hours	-	40%	60%
	Sports Measurment and Evaluation	4	2	1.5 hours	1.5 hours	-	42 hours	-	40%	60%
TU. Discovery Teaching Unit Code : DTU 1.2 Credits: 4 Coefficients : 3	Biomechanics	3	2	1.5 hours	1.5 hours	-	42 hours	-	40%	60%
	Developmental Psychology	1	1	1.5 hours	-	-	21 hours	-	-	100%
TU. Transversal Teaching Unit Code : TTU 1.2 Credits : 1 Coefficients : 1	English Language (Technical)	1	1	1.5 hours	-	-	21 hours	-	-	100%
Total of semester 3		30	20	10.5 hours	7.5 hours	10 hours	392 hours	-	-	-

Observation: The practical modules of the Fundamental Teaching Unit 1 are taught over a total of 4 hours per week, divided into two separate sessions (two hours per session).

Semestre 4 :

Teaching Unit	Course Titles	Credits	Coefficient s	Weekly Hourly Volume			WHV (14 weeks)	Ot her s	Assessment Method	
				Cour se	D W	P W*			Contin uous	Exam
TU. Fundamental Teaching Unit Code: FTU 1.2.2 Credits: 10 Coefficients: 8	Team Sports 2: Hand- ball / Foot-ball	4	3	-	-	4ho urs*	56 hours	-	100%	-
	Combat Sports 2: Judo - Karate/ Wrestling- Boxing)	4	3	-	-	4 hour s *	56 hours	-	100%	-
	physical Culture 2	2	2	-	-	2 hour s *	28 hours	-	100%	-
TU. Fundamental Teaching Unit Code: FTU 2.2.2 Credits : 6 Coefficients : 4	Planning and Programming in Sports Training	3	2	1.5 hours	1.5 hour s	-	42 hours	-	40%	60%
	Pedagogy Of Sports Training	3	2	1.5 hours	-	2 hour s*	49 hours	-	40%	60%
TU. Methodology Teaching Unit Code: MTU 2.2 Credits : 9 Coefficients : 4	Research Project	5	2	1.5 hours	1.5 hour s	-	42 hours	-	40%	60%
	Technological Applications and Software in Sports	4	2	1.5 hours	1.5 hour s	-	42 hours	-	40%	60%
TU. Discovery Teaching Unit Code : DTU 2.2 Credits:4 Coefficients:3	Physiology of Physical Effort	3	2	1.5 hours	1.5 hour s	-	42 hours	-	40%	60%
	Sports Injuries,and First aid	1	1	1.5 hours	-	-	21h00	-	-	100%
TU. Transversal Teaching Unit Code : TTU 2.2 Credits : 1 Coefficients : 1	Professional ethics	1	1	1h30	-	-	21 hours	-	-	100%
Total of semester 4		30	20	10.5 hour s	6 ho urs	12 ho urs	399 hours	-	-	-

Observation: The four weekly hours of the practical modules must be delivered in two separate sessions (2 hours per session).