People's Democratic Republic of Algeria Ministry of Higher Education and Scientific Research Academic Bachelor's Degree Training Offer

Institution	Faculty / Institute	Department			
Mohamed Seddik Ben	Faculty of Human and	Department of			
Yahia University of	Social Sciences	Sciences and			
Jijel		Techniques of			
		Physical and Sports			
		Activities			

Field: Sciences and Techniques of Physical and Sports Activities
Sports Training Department
Academic Year: 2022/2023

Pedagogical Program for the Second Year Sector: Sports Training

Semester –Based Curriculum Organization Map

Semestre 3:

Teaching Unit	Course Titles	Credits	Coeffi	Weekly Hourly Volume			WHV	Othe	Assessment Method	
			cients	Cour	v orum D	e PW*	(14	rs	Contin	Exam
				se	W	L AA	weeks		uous	Lxaiii
TU.	Team Sports 1: Foot-	4	3	-	<u> </u>	4hours	56 hours	_	100%	_
Fundamental	ball/ Hand-ball	_	3	_		*	JO Hours	_	10070	_
Teaching Unit	Dun Imiu Dun	4	3	_	_	4 hours	56 hours	_	100%	-
g	Combat Sports 1: Judo -	-				*				
Code: FTU	Karate/ Wrestling-									
1.1.2	Boxing)									
Credits: 10	physical Culture 1	2	2	-	-	2 hours	28 hours	-	100%	1
Coefficients: 8						*				
TU.	Theory and Methodology	3	2	1.5	1.5	-	42 hours	-	40%	60%
Fundamental	of Sports Training			hours	hour					
Teaching Unit	Education of Physical	3	2	1.5	1.5	_	42 hours	_	40%	60%
C. I. ETHALA	and Ssports Activities		2	hours	hour		42 Hours		4070	0070
Code: FTU 2.1.2 Credits: 6	San Sports Hourities				S					
Coefficients: 4										
TU.	Inferential Statistics	5	2	1.5	1.5	_	42 hours	_	40%	60%
Methodology	imerential Statistics	3	2	hours	hour	_	42 Hours	_	4070	0070
Teaching Unit					S					
	Sports Measurment and	4	2	1.5	1.5	-	42 hours	-	40%	60%
Code: MTU	Evaluation			hours	hour					
1.2					S					
Credits: 9										
Coefficients: 4										
TU.	Biomechanics	3	2	1.5	1.5	-	42 hours	-	40%	60%
Discovery				hours	hour					
Teaching Unit	Developmental	1	1	1.5	S	_	21 hours	_	_	100%
O I DOWN	Psychology	1	1	hours	_	_	21 HOUIS	_	_	100/0
Code : DTU	i sychology									
1.2 Credits: 4										
Credits: 4 Coefficients: 3										
TU.		1	1	1.5	_	_	21 hours	_	_	100%
Transversal	English Language	1	1	hours	_		21 Hours	_	-	10070
Teaching Unit	(Technical)									
	(=									
Code: TTU										
1.2										
Credits: 1										
Coefficients: 1										
Total	of semester 3	30	20	10.5	7.5	.10	392	-	-	-
				hours	hou	hours	hours			
			l		rs	1				

Observation: The practical modules of the Fundamental Teaching Unit 1 are taught over a total of 4 hours per week, divided into two separate sessions (two hours per session).

Semestre 4:

TU Team Sports 2: Hand-ball Foot-ball Teaching Unit Code: FTU 1.2.2 Boxing) Physical Culture 2 2 2 2 3 4 56 hours - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 100% - 1	Teaching Unit	Correge Titles	Credits	Coefficient	Weekly Hourly			WHV Ot		Assessment		
TU. Fundamental Teaching Unit Code: FTU 1.2.2 Credits: 10 Planning and Programming in Sports Training Profagogy of Sports Training Teaching Unit Code: FTU 2.2.2 Credits: 10 Professional ethics Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Tu. Physiology of Physical Training Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Coefficients: 4 Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Coefficients: 4 Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Coefficients: 4 Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Coefficients: 4 Tu. Physiology of Physical Code: TTU 2.2 Credits: 4 Coefficients: 4		Course Titles	010010									
TU					Cour	D	P	`)		Contin	Exam	
Fundamental Teaching Unit Code: FTU 1.2.2 Credits: 10 Code: FTU 2.2.2 Credits: 6 Coefficients: 4 TU. Methodology Teaching Unit Code: STU 2.2 Credits: 9 Coefficients: 4 TU. Discovery Teaching Unit Code: STU 2.2 Credits: 10 Coefficients: 4 Tu. Discovery Teaching Unit Code: STU 2.2 Credits: 10 Coefficients: 4 Tu. Discovery Teaching Unit Code: Struture Cod					se	W	W*	·		uous		
Combat Sports 2: Judo-Karate/ Wrestling-Boxing)	TU.	Team Sports 2: Hand-	4	3	-	-	4ho	56 hours	-	100%	-	
Code: FTU 1.2.2 Credits: 10 Coefficients: 8 Planning and Frudamental Teaching Unit Code: FTU 2.2.2 Credits: 6 Coefficients: 4 Programming in Sports Training Training Coefficients: 4 Project Training Coefficients: 4 Project Code: FTU Code: FTU Coefficients: 4 Project Code: FTU Coefficients: 4 Coefficients: 4 Project Code: FTU Coefficients: 4 Code: FTU Code: FTU Code: FTU Coefficients: 4 Coefficients: 5 Coefficients: 6 Coefficients: 7 Coefficients: 1 Coefficie	Fundamental						urs*					
Code: FTU 1.2.2 Physical Culture 2 2 2 2 - - 2 28 hours - 100% -	Teaching Unit		4	3	-	-	4	56 hours	-	100%	-	
T.2.2		Combat Sports 2: Judo -										
Tu		Karate/ Wrestling-					s *					
TU. Fundamental Teaching Unit Code: FTU 2.2 Credits: 4												
TU. Planning and Programming in Sports Training Pedagogy Of Sports Pedagogy Of Sports		physical Culture 2	2	2	-	-		28 hours	-	100%	-	
TU. Fundamental Teaching Unit Teaching Unit Code: FTU 2.2.2 Credits: 6 Coefficients: 4 TU. Methodology Teaching Unit Code: Mark of the Code: Mar	Coefficients: 8											
Programming in Sports Training Pedagogy Of Sports 3 2 1.5 - 2 49 hours - 40% 60%	TI	Dlanning and	2	2	1.5	1.5		42 5		400/	600/	
Teaching Unit Code: FTU 2.2.2 Credits: 6 Coefficients: 4 Tu. Methodology Teaching Unit Code: MTU 2.2.2 Credits: 9 Coefficients: 4 Tu. Discovery Teaching Unit Code: DTU 2.2.2 Credits: 4 Coefficients: 3 Tu. Tu. Discovery Teaching Unit Code: DTU 2.2 Credits: 4 Coefficients: 3 Tu. Tu. Transversal Teaching Unit Code: TTU 2.2 Credits: 4 Coefficients: 3 Tu. Transversal Teaching Unit Code: TTU 2.2 Credits: 1 Coefficients: 3 Tu. Transversal Teaching Unit Code: TTU 2.2 Credits: 1 Coefficients: 2 Coefficients: 2 Coefficients: 2 Coefficients: 3 Coefficients: 2 Coefficients: 3 Coefficients: 4 Coefficients: 2 Coefficients: 2 Coefficients: 2 Coefficients: 3 Coefficients: 4 Coefficients: 2 Coefficients: 3 Coefficients: 4 Coefficients: 4 Coefficients: 4 Coefficients: 4 Coefficients: 5 Coefficients: 6 Coefficients: 6 Coefficients: 7 Coefficie			3	2			_	4∠ nours	_	40%	00%	
Code: FTU 2.2.2 Credits: 6 Coefficients: 4					nours							
Code: FTU 2.2.2 Credits: 6 Coefficients: 4	Teaching Offic		3	2	1.5	_	2	49 hours	_	40%	60%	
Coefficients : 4	Code: FTU		3	2				TOUIS		4070	0070	
TU. Research Project 5 2 1.5 1.5 - 42 hours - 40% 60%		g					s*					
TU. Methodology Teaching Unit Code: MTU 2.2 Credits: 4 Coefficients: 3 Coefficients: 3 Coefficients: 4 Coefficients: 5 Coefficients: 6 Coefficients: 6 Coefficients: 6 Coefficients: 7 Coefficients: 7 Coefficients: 1 Coefficients: 1	Credits: 6											
Methodology Teaching Unit Code: MTU 2.2 Credits: 9 Coefficients: 4 Technological Applications and Software in Sports Software in Sports	Coefficients: 4											
Teaching Unit Code: MTU 2.2 Credits: 9 Coefficients: 4 Tu. Discovery Teaching Unit Code: DTU 2.2 Credits: 4 Coefficients: 3 Tu. Transversal Teaching Unit Code: TTU 2.2 Credits: 1 Coefficients: 1 Total of semester 4 30 20 10.5 6 12 399 hours - - - - - - - - -	TU.	Research Project	5	2	1.5	1.5	-	42 hours	-	40%	60%	
Code: MTU 2.2 Credits: 9 Coefficients: 4 Tu. Discovery Teaching Unit Code: DTU 2.2 Credits: 4 Coefficients: 3 Tu. Professional ethics Tu. Code: TTU 2.2 Credits: 1 Coefficients: 1 Total of semester 4 30 20 10.5 6 12 399 hours - - - - - - - - -					hours							
Code: MTU 2.2 Credits: 9 Coefficients: 4 Physiology of Physical Effort 3 2 1.5 1.5 - 42 hours - 40% 60%	Teaching Unit		1	2	1.5			12 hours		4004	60%	
Credits : 9		Technological	4	2			_	42 nours	_	4070	0070	
Credits : 9 Coefficients : 4 TU. Discovery Teaching Unit Code : DTU 2.2 Credits: 3 TU. Transversal Teaching Unit Code : TTU 2.2 Credits : 1 Coefficients : 1 Total of semester 4 30 20 10.5 6 12 399 hours					110415							
TU. Discovery Teaching Unit Code : DTU 2.2 Credits: 4 Coefficients: 3 Tu. Tu. Transversal Teaching Unit Code : TTU 2.2 Credits: 1 Coefficients: 1 Total of semester 4 30 20 10.5 6 12 399 hours - - - - - - - - -												
TU. Discovery Teaching Unit Code : DTU 2.2 Credits:4 Coefficients:3 Teaching Unit Code : TTU 2.2 Credits: 1 Coefficients: 1 Total of semester 4 30 20 10.5 6 12 399 hours - - - - - - - - -		Software in sports										
Discovery Teaching Unit Sports Injuries, and First aid		Dhysiology of Dhysical	3	2	1.5	1.5		12 hours		40%	60%	
Teaching Unit Code : DTU 2.2 Credits:4 Coefficients:3			3	2			_	42 Hours	_	40 /0	0070	
Code : DTU 2.2 Credits:4 Coefficients:3 Tu. Transversal Teaching Unit Code : TTU 2.2 Credits : 1 Coefficients : 1 Total of semester 4 30 20 10.5 6 12 399 hours - - - - - - - - -		Enort										
Code : DTU 2.2 Credits:4 Coefficients:3	Teaching ome	Sports Injuries, and First	1	1	1.5	-	-	21h00	-	-	100%	
Credits:4 Coefficients:3	Code : DTU	aid			hours							
Coefficients:3	2.2											
TU. Transversal Teaching Unit Code: TTU 2.2 Credits: 1 Coefficients: 1 Professional ethics 1 1 1 h30 - - 21 hours - - 100% Total of semester 4 30 20 10.5 hour 6 ho ho 12 hours - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - -	Credits:4											
Transversal Teaching Unit Code: TTU 2.2 Credits: 1 Coefficients: 1 Total of semester 4 Professional ethics 1	Coefficients:3											
Teaching Unit Code : TTU 2.2 Credits : 1 Coefficients : 1 30 20 10.5 6 12 399 hours - - -			1	1	1h30	-	-	21 hours	-	-	100%	
Code : TTU 2.2 Credits : 1 Coefficients : 1 30 20 10.5 6 12 399 hours - - -		Professional ethics										
2.2 Credits : 1												
Credits: 1 Coefficients: 1 Total of semester 4 30 20 10.5 hour ho ho ho 6 hour ho ho 12 hour ho ho 399 hours												
Coefficients: 1 30 20 10.5 hour ho ho 6 hour ho ho 12 hour ho ho 399 hours												
Total of semester 4 30 20 10.5 6 12 399 hours												
hour ho ho		<u> </u>	20	20	10.5		10	200 hours				
	Total	of semester 4	30	20			_	399 Hours	_	_	-	
					S	urs	urs					

Observation: The four weekly hours of the practical modules must be delivered in two separate sessions (2 hours per session).