

Master of Elite Sports Training

Semester 1

Teaching units	Subject headings	credits	Coefficients	Weekly hourly volume			VHS (14 weeks)	other	Evaluation method	
				Cours	TD	TP*			Contunuos evaluation	exam
Basic Learning Units	Sports Training Theories and Methodology1	5	2	1h30*	1h30*		42h00	-	40%	60%
	Planning and Programming in Sports Training1	5	2	1h30*	1h30*		42h00	-	40%	60%
	Physiology of Physical Exercise1	4	2	1h30*	1h30*		42h00	-	40%	60%
	Applied Pedagogy1	4	2			4h00*	56h00		100%	
Methodological Learning Units	Scientific Research Methodology	3	2	1h30*	1h30*	-	42h00	-	40%	60%
	Applied Statistics1	3	2	1h30*	1h30*	-	42h00	-	40%	60%
	Sports Testing and Measurement1	2	1	1h30*	1h30*		42h00		40%	60%
Exploratory Learning Units	Injuries and First Aid	1	1	1h30	-	-	21h00	-	-	100%
	Sports Sociology	1	1	1h30	-	-	21h00	-	-	100%
Horizontal Learning Unit	English1	1	1	1h30	-	-	21h00	-	-	100%
	informatics	1	1	1h30	-	-	21h00	-	-	100%
Total Semester 1		30	17	15h00	7h30	15h00	371h00	-	-	-

Master of Elite Sports Training Semester 2

Teaching units	Subject headings	credits	Coefficients	Weekly hourly volume			VHS (14 weeks)	other	Evaluation method	
				Cours	TD	TP*			Contunuos evaluation	exam
Basic Learning Units	Sports Training Theories and Methodology2	5	2	1h30*	1h30*		42h00	-	40%	60%
	Planning and Programming in Sports Training2	5	2	1h30*	1h30*		42h00	-	40%	60%
	Physiology of Physical Exercise2	4	2	1h30*	1h30*		42h00	-	40%	60%
	Applied Pedagogy2	4	2			4h00*	56h00		100%	
Methodological Learning Units	Design and Construction of Scientific Research Instruments	3	2	1h30*	1h30*	-	42h00	-	40%	60%
	Applied Statistics2	3	2	1h30*	1h30*	-	42h00	-	40%	60%
	Sports Testing and Measurement2	2	1	1h30*	1h30*		42h00		40%	60%
Exploratory Learning Units	Sports Nutrition	1	1	1h30	-	-	21h00	-	-	100%
	Sports Psychology	1	1	1h30	-	-	21h00	-	-	100%
Horizontal Learning Unit	Sports Law and Legislation	1	1	1h30	-	-	21h00	-	-	100%
	English2	1	1	1h30	-	-	21h00	-	-	100%
Total Semester 2		30	17	15h00	7h30	15h00	371h00	-	-	-

Master of Elite Sports Training Semester 3

Teaching units	Subject headings	credits	Coefficients	Weekly hourly volume			VHS (14 weeks)	other	Evaluation method	
				Cours	TD	TP*			Contunuos evaluation	exam
Basic Learning Units	Sports Training Theories and Methodology3	4	2	1h30*	1h30*		42h00	-	40%	60%
	Sports Leadership	4	2	1h30*	1h30*		42h00	-	40%	60%
	Sports Medicine	4	2	1h30*	1h30*		42h00	-	40%	60%
	Applied Pedagogy3	9	6			12h00	168h00		100%	
Methodological Learning Units	Research Forum(Preliminary Draft Memorandum)	5	5			5h00	70h00	-	100%	
Total Semester 3		30	17	4h30	4h30	17h00	364h00	-	-	-

Master of Elite Sports Training Semester 4

Teaching units	Subject headings	credits	Coefficients	Weekly hourly volume	VHS (14 weeks)
Basic Learning Units	Field Internship Report	15	8	13h00*	182h00
	Graduation Thesis	15	9	13h00*	182h00
Total Semester 4		30	17	26h00	364h00