

**DEMOCRATIC AND POPULAR
REPUBLIC OF Algeria**

**Ministry of Higher Education and
Scientific Research**

PEDAGOGICAL PROGRAMME

**Common Core
1st Year**

Field

**Science and Techniques of Physical
and Sport Activities**

1. First Semester

Learning Unites	Semest er hourly volume	Weekly hourly volume				coeff icient	credits	Type of assessment	
	14 weeks	Lesson	SW	PW	Other works			Contin uous	Exam
Fundamental Learning Unites						12	18		
Athletics 1	49	01.30	//	02.0	//	02	03	*	*
Gymnastics 1	49	01.30	//	02.0	//	02	03	*	*
Swimming 1	49	01.30	//	02.0	//	02	03	*	*
Basketball	49	01.30	//	02.0	//	02	03	*	*
Anatomy	42	01.30	01.30	//	//	02	03	*	*
History and Philosophy of Physical Activity and Sport	21	01.30	//	//	//	02	03	*	
Methodological Learning Units						04	07		
Scientific Research Methodology (1)	42	01.30	01.30	//	//	04	07	*	*
Expletory Learning Units						03	03		
Education Sciences	21	01.30	//	//	//	01	01	*	
Introduction to Sport Training	21	01.30	//	//	//	01	01	*	
Introduction to Educational Physical Activity and Sports	21	01.30	//	//	//	01	01	*	
Horizontal Learning Units						02	02		
Biochemistry	21	01.30	//	//	//	01	01	*	
English	21	01.30	//	//	//	01	01	*	
Total semestre 1	406	18	03	08.00	00	21	30		

2. Second Semester

Learning Unites	Semest er hourly volume	Weekly hourly volume				coeff icient	credits	Type of assessment	
	14 weeks	Lesson	SW	PW	Other works			Contin uous	Exam
Fundamental Learning Unites						12	18		
Athletics 2	49	01.30	//	02.0	//	02	03	*	*
Gymnastics 2	49	01.30	//	02.0	//	02	03	*	*
Swimming 2	49	01.30	//	02.0	//	02	03	*	*
Football	49	01.30	//	02.0	//	02	03	*	*
physiology	42	01.30	01.30	//	//	02	03	*	*
Introduction to Sport psychology	21	01.30	//	//	//	02	03	*	
Methodological Learning Units						04	07		
Scientific Research Methodologies and Techniques	42	01.30	01.30	//	//	04	07	*	*
Expletory Learning Units						03	03		
Introduction to Adapted Physical Activity and Sports	21	01.30	//	//	//	01	01	*	
Introduction to Sports Management and Administration	21	01.30	//	//	//	01	01	*	
Introduction to Sports Communication and Journalism	21	01.30	//	//	//	01	01	*	
Horizontal Learning Units						02	02		
Applied Informatics	21	//	01.30	//	//	01	01	*	
English	21	01.30	//	//	//	01	01	*	
Total semestre 2	406	16.30	04.30	08.00	00	21	30		

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Field

**Science and Techniques of Physical
and Sport Activities**

**PEDAGOGICAL PROGRAMME OF
LEARNING IN 2nd AND 3rd YEAR
LICENCE**

Subject: *Sport Training*

Speciality: *competitive Sport Training*

3. Third Semester

Learning Unites	Semest er hourly volume	Weekly hourly volume				coeff icient	credits	Type of assessment	
	14 weeks	Lesson	SW	PW	Other works			Contin uous	Exam
Fundamental Learning Unites						12	18		
Physical Culture	49	01.30	//	02.0	//	02	03	*	*
Judo	49	01.30	//	02.0	//	02	03	*	*
Handball	49	01.30	//	02.0	//	02	03	*	*
Biomechanics	42	01.30	01.30	//	//	02	03	*	*
Theories and Methodology of Sports Training	42	01.30	01.30	//	//	02	03	*	*
Pedagogy of Sports Training 1	56	//	//	04	//	02	03	*	*
Methodological Learning Units						05	09		
Descriptive statistics	21	01.30	//	//	//	03	05		*
Education Theories	21	01.30	//	//	//	02	04		*
Expleatory Learning Units						01	01		
Physical education and globalization	21	01.30	//	//	//	01	01		*
Horizontal Learning Units						02	02		
Sport sociology	21	//	01.30	//	//	01	01		*
Developmental psychology	21	01.30	//	//	//	01	01		*
Total semestre 3	392	15.00	03.00	10.00	00	20	30		

4. Fourth Semester

Learning Unites	Semest er hourly volume	Weekly hourly volume				coeff icient	credits	Type of assessment	
	14 weeks	Lesson	SW	PW	Other works			Contin uous	Exam
Fundamental Learning Unites						12	18		
Didactics	49	01.30	//	02.0	//	02	03	*	*
Karate	49	01.30	//	02.0	//	02	03	*	*
Volleyball	49	01.30	//	02.0	//	02	03	*	*
Exercise physiology	42	01.30	//	02.0	//	02	03	*	*
Planning and Scheduling in Sport Training	21	01.30	01.30	//	//	02	03	*	*
Pedagogy of Sports Training 2	56	01.30	//	//	//	02	03	*	*
Methodological Learning Units						05	09		
Inferential Statistics	42	01.30	01.30	//	//	03	05		*
Sports Measurement and Evaluation	21	01.30	//	//	//	02	04		*
Expleatory Learning Units						01	01		
Work Ethics and corruption	21	01.30	//	//	//	01	01		*
Horizontal Learning Units						02	02		
Sports medicine and first aid	21	01.30	//	//	//	01	01		*
Sport psychology	21	01.30	//	//	//	01	01		*
Total semestre 4	392	15	03	10	00	20	30		

5. Fifth Semester

Speciality: *competitive Sport Training*

Learning Unites	Semester hourly volume	Weekly hourly volume				coeff icient	credits	Type of assessment	
	14 weeks	Lesson	SW	PW	Other works			Contin uous	Exam
Fundamental Learning Unites						14	21		
Collective sports speciality	77	01.30	//	04	//	04	06	*	*
Individual sports speciality	77	01.30	//	04	//	04	06	*	*
Kinesiology	42	01.30	01.30	//	//	03	05	*	*
Graduation Thesis project	63	01.30	03	//	//	03	04	*	*
Methodological Learning Units						06	09		
Sports Test Batteries	42	01.30	01.30	//	//	02	03	*	*
Sports selection and orientation	21	01.30	01.30	//	//	02	03	*	*
Education curricula and comparative sport training	21	01.30	//	//	//	02	03	*	*
Total semestre 5	364	10.30	07.30	08.00	00	20	30		

6. Sixth Semester

Learning Unites	Semest er hourly volume	Weekly hourly volume				coeff icient	credits	Type of assessment	
	14 weeks	Lesson	SW	PW	Other works			Contin uous	Exam
Fundamental Learning Unites						20	30		
Collective sports speciality	77	01.30	//	04	//	05	7	*	*
Individual sports speciality	77	01.30	//	04	//	05	7	*	*
Practical internship	77	01.30	//	04	//	05	08	*	*
Graduation Thesis	140	//	//	10	//	05	08	*	*
Total semestre 5	371	04.30	//	22	00	20	30		